

# Innovations in Latin@ Behavioral Health Forum

Friday, May 29, 2015

**Sponsored by AGUILAS, Alliant International University, and SF Department of Public Health**

**Purpose:** The purpose of this Forum is to launch an annual gathering of behavioral health specialists to present innovations in research and providing behavioral health and integrated health care services to Latin@s who are the largest ethnic group in California.

**Objectives:** 1) to disseminate the current state of behavioral health care for Latin@s; 2) to examine innovative strategies to address the needs of Latin@s in behavioral health and integrated health care; 3) to provide a Forum for the workforce in service and research to exchange information and innovations designed and targeted for Latin@s.

## Forum Program

**8:30 – 9:00** Registration and Continental Breakfast  
**9:00 – 9:15** Eduardo Morales, PhD - Welcome and Purpose of the Forum  
**9:15 - 9:35** Barbara A. Garcia, MPA – Welcome Y Saludos

### Morning Session: Overview and Current Issues Faced by Latin@s

**9:35 – 10:00** Eduardo Morales, PhD – Overview, Population Trends based on Census Data  
**10:00 – 10:40** Sergio Aguilar, MD, PhD – Status of Health Disparities among Latinos  
**10:45 - 11:00** Break  
**11:00 – 11:40** Eliseo Perez Stable, M.D. – Integrative Health Care with Behavioral Health Specialists  
**11:40 – 12:20** Yvette G. Flores, PhD – Assessment and Treatment of Latin@ Immigrants  
**12:20 – 1:20** Lunch – On your own

### Afternoon Session: Evidence Based Interventions for Latin@s

**1:20 – 3:20** Title: Bringing Evidence-Based Interventions to as Many Latinas/os as Possible: From Face-to-face Treatment to Digital Interventions

#### Participants:

- Ricardo F. Muñoz, Ph.D. Chair of the Panel - Introduction to the Symposium: A historical perspective
- Adrian Aguilera, Ph.D. Text messaging as an adjunct to group CBT for depression in public sector primary care patients
- Elisabet Revilla, Ph.D. Creating Mental Health Clinics to serve the Spanish-speaking community
- Velma Barrios, Ph.D., Margareth Del Cid, Ashley Elefant. Establishing Spanish- and English-Speaking CBT Groups for Depression in a Training Clinic
- Alinne Barrera, Ph.D. Prevention of postpartum depression and treatment of depression services for Latinas
- Eduardo Bunge, Ph.D. Behavioral Intervention Technologies for Latino Children and Adolescents
- Jorge Wong, Ph.D. Doing therapy in our clinics is not enough: The need to become politically active in terms of advocating for services for Latinos

**3:20 – 3:35** Break

**3:35 – 4:00** Sal Núñez, PhD , MFT– Efficacious Interventions with Latin@s: Drumming as an Evidence-based Practice for Latin@s

**4:00 – 4:30** Eduardo Morales, Ph.D. Closing Remarks and Future Directions

**Continuing Education credits will be available for attendees of this Forum.**

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